

24 Hour urine collection

ABOUT YOUR TEST

- > Your doctor has requested tests which require you to collect all the urine you pass for 24 hours.
- > You will need to obtain a large white plastic specimen bottle and a smaller collecting container from Taranaki Medlab.
- > The specimen container you have been provided with may contain a liquid preservative. If so it will have a CAUTION sticker adhered. The liquid preservative is poisonous so do not touch the preservative or allow children to play with the container. **STORE IN A SAFE PLACE.**

THE PROCEDURE

- > In the morning empty the bladder before starting the urine collection.
- > Record the start date and time.
- > Collect ALL the urine you pass from now on, UP TO and INCLUDING the same time the following morning (i.e. a 24 hour period). Pass urine into the collection container and then transfer into the white plastic specimen bottle.
- > Record the finish date and time.
- > Keep your sample cool during the 24 hour collection period. (In the fridge if possible).
- > Please deliver your sample to Taranaki Medlab as soon as possible once your 24 hour collection period has ended (preferably within 4 hours).

If you require further information regarding your test procedure, please telephone Taranaki Medlab:

New Plymouth	758 7450
Stratford	765 6229
Hawera	278 4880